

WEEKEND MEAL PROGRAM

OUR MISSION

FIGHTING CHILD HUNGER
THROUGH COMMUNITY AND
SCHOOL PARTNERSHIPS

OUR STORY

Every Meal is a 501(c)(3) nonprofit organization with a mission to fight child hunger through community and school partnerships. We strive to make a difference in children's lives by specifically focusing on food gaps - the times when children aren't at school to access meal programs. Every Meal supports families with programming over the weekends, extended school breaks, and summer.

Providing kids with good food that is nutritious, delicious, and relevant is our focus, and their growth and achievement is at the heart of everything we do.

MEAL PROGRAM

- Free for all families
- No qualifications required
- No contact information collected
- Families may participate in the program at **any time** throughout the school year
- Students will receive food bags each week, typically on Fridays

Weekend Food Bag Options: Families may choose from five options structured around the USDA MyPlate standards. All bag types contain 4-5 pounds of non-perishable food, including a variety of fruits, vegetables, proteins, and grains. Bag types are identified by different colors of Every Meal logo.



Bag

Tailored for East African dietary preferences, this bag is pork-free and may contain items such as tuna, spaghetti, black-eyed peas, corn flour, fava beans, and tomato products.



Tailored to offer the widest variety of food items, this bag may contain items such as chicken, tuna, pasta, rice, mac and cheese, chili/soup, and varied vegetables and fruits.



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Bag

Tailored for Latino dietary preferences, this bag may contain items such as rice, black beans, pinto beans, corn flour, fideo pasta, enchilada sauce, chipotles in adobo, and diced chiles.



Purple Bag

Tailored for Southeast Asian dietary preferences, this bag may contain items such as rice, rice noodles, coconut milk, bamboo shoots, curry paste, green beans, and mandarin oranges.



Yellow Bag

Tailored with all ready-to-eat items which require little or no preparation, this bag may contain items such as dried fruit, tuna salad, chicken salad, sunflower seeds, granola, oatmeal, and soups.