



DISTRIBUTION VOLUNTEER RECRUITMENT FLYER

What is Every Meal?

Every Meal's mission is to fight child hunger through school and community partnerships.

We work hard to provide food for children who live in food insecurity, which means they don't have consistent access to enough food for an active, healthy life. Every Meal strives to make a difference in children's lives by focusing on food gaps – the times when children aren't at school to access meal programs. Every Meal supports families with programming over the weekends, summers, and extended school breaks.

Is food insecurity a reality in my community?

Yes. Food insecurity is often an invisible and hidden issue. Research shows that over 75 percent of US workers live paycheck to paycheck¹ and an estimated 1 in 9 Minnesotans including 1 in 6 children is food insecure as of 2020². Being food insecure causes families to be stressed and worried that they might run out of food before being able to buy more. Additionally, some families may eat less balanced meals and even skip meals because there isn't enough money to buy food.

How can I help?

We cannot feed children without the help of volunteers. Distribution volunteers are a key component of Every Meal's weekend food program and make it possible for us to get food directly to students. While distributing food, volunteers also build positive rapport with their school partners.

Essential Duties and Responsibilities:

- Distribute the meal bags each week, using the designated schedule and procedures.
- Volunteers use a distribution list provided by the school to identify which lockers or classrooms should receive meal bags.
- Maintain an accurate count of the number of bags distributed.
- Volunteers may need to lift boxes weighing up to 30 pounds, or partner with someone who can assist.
- Pass a background check (Varies as a requirement by each school district).
- Distributions take two volunteers approximately one hour for every 50 students enrolled in the program. Total time will vary depending on the number of students enrolled and number of volunteers.

Additional Opportunities:

For additional ways to get involved with Every Meal or to financially help sponsor a child, please visit our website at: www.everymeal.org/get-involved

JOIN US IN THE FIGHT AGAINST CHILD HUNGER!

¹ <http://press.careerbuilder.com/2017-08-24-Living-Paycheck-to-Paycheck-is-a-Way-of-Life-for-Majority-of-U-S-Workers-According-to-New-CareerBuilder-Survey>

² https://www.2harvest.org/who--how-we-help/the-face-of-hunger-today/the-coming-hunger-surge.html#.YK1cUZNKg_U

Every Meal

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